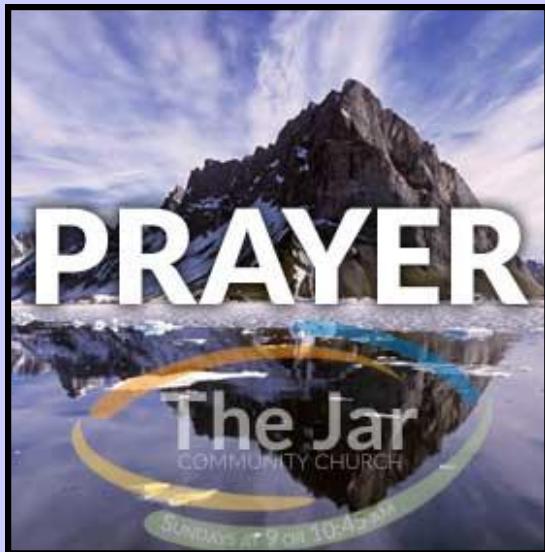


Prayer Journal



Journaling can help you to stay focused during your prayer time. It's also a good way to remember what you've prayed in the past and how God has answered.

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done
in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done
in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)

Here's a guide you can use as you journal:

P - Praise God for all of the good things He has done in your life

R - Repent (say I'm sorry and commit to change)

A - Ask Him for the things that you need

Y - Yield (pause, block out noise, listen to God)