



Icebreaker:

Have you ever made an impulse purchase that you instantly regretted?
What tempted you to buy it?

(Watch Session 3 of What Makes You Happy)

1. Was there any part of Sarah's story you could relate to?
2. Do you think it's wrong to have material wealth? Why or why not?
3. What are some signs that someone might be enslaved to money?
4. In what ways does being in debt feel similar to physical slavery?
5. Do you think there is any amount of greed in your life? What does that look like for you?

In the passage below, Paul, a follower of Jesus who wrote nearly two-thirds of the New Testament of the Bible, described contentment this way.

Philippians 4:11 Not that I was ever in need, for I have learned how to be content with whatever I have. 12 I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. 13 For I can do everything through Christ, who gives me strength.

6. Do Paul's words of contentment ring true for you? Are you able to be content in any circumstance, or is it based on your current financial situation?

7. Would you say that you are experiencing financial freedom? Why or why not?

8. In what area would you like to get better when it comes to money?

Giving

Saving

Living within your means

9. Have you ever set aside time to pray for God's direction in how you use your finances?

If so, what changes did that lead you to make?

If not, would you be willing to do so?

10. How do you think God might be calling you to use your money differently?

11. What is one step you can take this week to follow God's plan for your money? If you are comfortable, share with the group and ask them to hold you accountable.

Closing Prayer:

"Thank you Jesus for providing for every need that we have. Help us to trust you with our finances as we learn to follow your plan for our money. Teach us to put you first not only with our money, but in every area of our lives. Amen."

** Download The Jar Community Church App and select the "What Makes You Happy Resources" button to access the What Makes You Happy Daily Devotional as well as other resources. This week's devotionals are Days 11-15.*